

TABLE OF CONTENTS

SECTION ONE: The Knowledge of Sacred Empowerment

- 1 3 Chapter 1 Altars of Power and Grace: The Evolution
- 1 9 Chapter 2 Vastu Shastra: The Science and History
- 2 5 Chapter 3 Our Desires, Aspirations and Dreams: Introduction to Creating Altars
- 3 1 Chapter 4 Representing The Five Elements: Items to Use and Their Placement
- 3 9 Chapter 5 The Process of Manifesting Your Dreams and Desires

SECTION TWO: The Altars of Power and Grace

- 5 3 Introduction
- 5 5 Chapter 6 Altars that Invite Abundance and Prosperity
- 6 5 Chapter 7 Altars to Support or Draw Relationships and Marriage
- 7 9 Chapter 8 Altars for Enhancing Career and Recognition
- 9 3 Chapter 9 Altars to Improve Health and Well-Being
- 1 0 5 Chapter 10 Altars that Heighten Spirituality
- 1 1 7 Chapter 11 Altars that Assist Life Changes and Transformation
- 1 2 9 Chapter 12 Altars to Increase Creativity and Knowledge
- 1 4 1 Chapter 13 Altars to Attract Helpful People and Universal Support
- 1 5 3 Chapter 14 Altars for Special Occasions
- 1 5 9 Chapter 15 The Global Peace Altar

SECTION THREE: Resources

- 1 6 6 Appendix i Glossary of Terms
- 1 7 1 Appendix ii Gods, Goddesses, and Religious Deities
- 1 7 6 Appendix iii Yantras and Mantras
- 1 7 9 Appendix iv Additional References
- 1 8 8 Notes

